

Advanced Trapbeats

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This sheet of music contains eight staves, each with a rhythmic pattern and a corresponding foot pattern. The foot patterns are written above the notes. The notation includes eighth notes, quarter notes, and rests, with some notes marked with 'x' to indicate specific foot positions. The foot patterns consist of letters 'R' and 'L' representing right and left foot steps, with some letters followed by a subscript '3' indicating a triple step.

Staff 1b: R RLRL R L R RLL

Staff 2b: RRLLRLL R L R R RLLR

Staff 3b: R R₃ R R R R RLLR

Staff 4b: R L₃ R L R₃ L R L R R L R RLL

Staff 5b: R RLLR R R R₃ R R R RLL R L R R

Staff 6b: R LLRLL R R RLL

Staff 7b: RLLLRLL

Staff 8b: R L R L L R L RLL